



Be-Well

Ingredients and Nutrition

Chicken Vegetable Pasta

Ingredients Durum wheat pasta, vegetable fat filled milk powder, dehydrated vegetables (onions, red bell peppers, mushrooms, peas), vegetable fat & oil, dehydrated chicken, hydrolysed vegetable protein, fructose, salt, herbs, spices

Nutritional Information Energy 538 kcal

Chilli Con Carne

Ingredients Kidney beans, freeze dried beef, rice, soya vegetable protein, tomato powder, dehydrated onions, vegetable fat & oil, yeast powder, fructose, hydrolysed vegetable protein, chilli powder, paprika powder, food starch, natural spices, colouring

Nutritional Information Energy 498 kcal

Hot Cereal Start with Sultanas

Ingredients Toasted coarse ground wheat, vegetable fat filled milk powder, soya protein isolate, fructose, sultanas, vegetable oil, flavouring, sweetener (aspartame)

Nutritional Information Energy 560 kcal

Porridge with Sultanas

Ingredients Pre-cooked oats, vegetable fat filled milk powder, toasted coarse ground wheat, vegetable oil, fructose, sultanas, potato starch, sweetener (aspartame)

Nutritional Information Energy 560 kcal

Shepherds Pie (Beef)

Ingredients Potato powder, textured soya vegetable protein, freeze dried beef mince, kibbled onion & onion powder, vegetable oil, dextrose, process flavouring, dried peas, salt, malt extract powder, spices & herbs

Nutritional Information Energy 538 kcal

Thai Chicken with Rice

Ingredients Freeze dried long grain rice, dried onions, dried peas, dried red bell peppers, dried mushrooms, vegetable oil & fat, freeze dried chicken meat, textured vegetable protein, process flavour, maltodextrin, spices, guar gum

Nutritional Information Energy 513 kcal

Thai Vegetables with Rice

Ingredients

Freeze dried long grain rice, textured vegetable protein, dried onions, dried peas, dried red bell peppers, dried mushrooms, vegetable oil & fat, flavour, maltodextrin, spices, guar gum

Nutritional Information

Energy	519 kcal
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